

Registration Form

PLEASE REGISTER BY APRIL 11, 2008

Name: _____

Address: _____

Phone: _____

Email: _____

Arriving: _____ Leaving: _____

Weekend Fee of \$40 covers food, use of the site, and expenses. After April 11th, fee increases to \$50. Make checks payable to Illinois Yearly Meeting. Prepayment is not required to attend but tell us in advance if you'll be joining us!

I can arrive early on Friday or stay late on Sunday to help with setup or closing. Clean up and preparation is extensive and **closing goes much better with plenty of hands.**

Send Registration to:

IYM Women's Weekend
c/o Sharon Haworth
608 W. Illinois St.
Urbana, IL 61801
shaworth@sbcglobal.net
Phone: 217-384-9591 (home)

No Child Care is available.

Please seek help from your monthly meeting.

Purpose

The women of Illinois Yearly Meeting gather together each spring.

The time provides the opportunity to share journeys, to enlarge our circle of friendship with Quaker women, to hold each other in loving support, and to honor all women as we seek to grow in the depth of our being and in Light.

Women find their voices, sing their songs, and tell their stories, mingling the rich varied stories of young and old and in-between as we unmask together ourselves and our lives.

All women are invited to become part of the gathering.

Questions?

Coordinators

Patricia McMillen 708-386-2907
Pattymac3@aol.com

Javaughn Fernanders 574-289-8060
javaughn@isp.com

Emergencies

Dial 9-1-1 for emergencies

Marshall-Putnam Medical Clinic 815-339-6245
322 S. McCoy

St. Margaret's Hospital
Spring Valley 815-664-1464

THE MEETING HOUSE 815-882-2214

SURVIVING TRANSFORMATION: THE ROLE OF PRAYER AND MEDITATION

A WEEKEND RETREAT FOR IYM WOMEN

APRIL 25-27, 2008

Illinois Yearly Meeting House

McNabb, Illinois



Program by Ellen Goode

<http://www.musicforhealingandrecovery.com/>
<http://www.myspace.com/ellengoode>

WOMEN'S WEEKEND

“No woman, when she hath lighted a candle, putteth it in a secret place, neither under a bushel, but on a candlestick, that they which come in may see the light.” – Luke 11:33

The Program

In our lifetime we go through countless changes. Our girl bodies blossom into women's bodies, and then they change again. We find partners, marry some and leave them. Sometimes our partners leave us.

We get great jobs, then change careers, our loved ones may leave us, and we add new loved ones to our lives. Transformation can be rough. It can be wonderful. Either way, how can we survive it? For this retreat please think about transformation issues you are having.

Ellen Goode, a singer/songwriter and founder of Music for Healing and Recovery, is a member of Evanston Monthly Meeting of Friends. Ellen will guide us in discussions and activities on transformation.

The Fees

The fee for the weekend is \$40. Those unable to meet the cost are asked to assess what they can contribute. No one is turned away due to lack of funds. Young women of high school age are welcome at no cost. We encourage Quaker women to attend.

Those women working to plan the event will be reimbursed for their expenses.

The Schedule

FRIDAY

- 6:30-7:30 Dinner (Clear Creek women)
7:30-9:00 Worship sharing led by facilitator Ellen Goode
10:00 “Lights out” – quiet on sleeping floor

SATURDAY

- 6:00 bird walk; yoga on the front porch (optional)
7:30-8:30 Breakfast
9:00-11:30 Workshop with Ellen Goode
12:00-1:00 Lunch
1:00-5:30 Work on individual projects &/or small group discussions
5:30-6:30 Dinner
7:00-8:00 Re-gather to share individual projects; farewell and thanks to Ellen
8:00-9:00 Pajama Fashion Show¹
10:00 “Lights out” – quiet on sleeping floor

SUNDAY

- 6:00 Birdwalk/Yoga (optional)
7:30-8:30 Breakfast
9:00-10:00 Women's Weekend Business Mtg.
10:00-11:00 Cleanup
11:00-12:00 Worship with Clear Creek Friends

¹(bring a wrapped token prize, because everybody wins) – Pajamas (and prizes) may or may not emphasize the weekend's themes of spirituality and transformation.

NOTE: Please try to arrive before dinner on Friday so you can set up your sleeping accommodations.

The Details

The Meeting House is at 14365 N 350th Ave. in McNabb. It is ½ mile east of IL Rt. 89 about 1 mile south of McNabb and 2 miles north of Magnolia, IL.

Lodging is available in the Meeting House. For other alternatives, contact Sharon Haworth at shaworth@sbcglobal.net.

Bring a sleeping bag, towels, toiletries, musical instruments/drums/voices, games, song books, reading materials, writing materials, and anything else you must have.

Although the Meeting House and its restroom are wheelchair accessible, the dining room is not. Meals can be served on the main floor where program activities are conducted and where most women sleep.

Food: Friday supper will be provided by Clear Creek women. Saturday lunch will be provided by South Bend, Urbana-Champaign, and Chicago-area meetings. Saturday dinner will be provided by the St. Louis women. Breakfast foods will be provided. Individuals may bring snacks to share. More food information will be provided by email to those who register. PLEASE NOTE: Due to life threatening allergies, NO NUTS! Also, given our interest in emphasizing spiritual/mental/physical health, we want to emphasize low fat, whole grain, vegetarian/vegan alternatives. Also we want to carefully consider the expenditures for meals. All of us want to nurture our group well, to provide healthy food, and as we do for IYM, allow around \$2.50 per person per meal.