

## Responding to Challenging Situations

Weekend Retreat  
for ILYM Women

April 27-29, 2018

Illinois Yearly Meeting Meetinghouse

McNabb, Illinois



### **The Program: The 6 Ds of bystander intervention...**

**a weekend of practice, support, and strengthening for these times.**

Wondering how to get over the desire to run away or freeze whenever there is a difficult situation in front of you? Wishing you had the tools to fight back but in creative, nonviolent forms? Are you facing a lot of self-judgment, despair, or overwhelm at the catastrophic issues facing people and our planet at this time? Spend a weekend with other women-identified people practicing various ways of responding to challenging situations. We will do individual, partnered, small group and large group activities that help build our strength. We will also call on the resources of our spirituality to guide our discernment and cultivate active hope. We will laugh, cry, share and sit silently with one another...deepening our community to sustain our commitments to the light in these times that threaten to extinguish it.

### **Facilitator**

Sarah Thompson is a 2018 Generations Fellow at the Martin Luther King, Jr. Center in Atlanta, Georgia. 2018 is a key year as it is 50 years since the assassination of King in 1968 and the Poor People's Campaign. Sarah is the immediate past Executive Director of Christian Peacemaker Teams, an organization committed to building partnerships that transform violence and oppression. At the request of local peacemakers, CPT sends international teams to support grassroots struggles for human rights and nonviolent social change worldwide.

Sarah is a Mennonite from Elkhart, Indiana, and attended Spelman College, majoring in Comparative Women's Studies and International Studies, with a minor in Spanish. She is a 2011 graduate of Anabaptist Mennonite Biblical Seminary, and through theological scholar-activism and ecological black feminism she has visited 62 countries.

### **Purpose**

The women of Illinois Yearly Meeting gather together each spring. The time provides the opportunity to share journeys, to enlarge our circle of friendship with Quaker women, to hold each other in loving support, and to honor all women as we seek to grow in the depth of our being and in Light. Women find their voices, sing their songs, and tell their stories, mingling the rich varied stories of young and old and in-between as we unmask together ourselves and our lives. All women are invited to become part of the gathering.

## The Schedule

### FRIDAY

6:00-7:30 Dinner & Cleanup  
7:30-10:00 TBA

### SATURDAY

TBA

### SUNDAY

7:00-8:00 Breakfast  
8:00-9:00 Begin Cleanup  
9:00-10:00 Women's Weekend  
Business Meeting  
10:00-11:00 Finish Cleanup  
11:00-12:00 Worship with  
Clear Creek Friends

NOTE: Please try to arrive before dinner on Friday so you can set up your sleeping accommodations.

## The Details

**Lodging** is available in the meetinghouse, unheated cabins (no electricity), or in Clear Creek House. Housing in Clear Creek House will be assigned and preference given to those with a need (please indicate needs/wishes on registration form). Women sleeping in Clear Creek House rooms should not expect a private room.

**Accessibility:** The meetinghouse and its restroom are wheelchair accessible. The dining room is not. Meals can be served on the main floor where program activities are conducted and where most women sleep.

**What to Bring:** Bring your sleeping bag, towels, toiletries, and the other personal items you will require for two days away from home. You may also wish to bring a yoga mat, song book, musical instrument, and reading materials for your use during the weekend.

**Food:** If you have food allergies, please indicate that in your registration. More information meal planning will be provided later.

**Childcare:** No Child Care is available. Please seek help from your monthly meeting.

**Location:** The Meetinghouse is at 14365 N 350th Ave. in McNabb. It is ½ mile east of IL Rt. 89 about 1 mile south of McNabb and 2 miles north of Magnolia, Illinois.

**Questions** contact coordinators

Carol Bartles: [cabartles@gmail.com](mailto:cabartles@gmail.com)

Judy Erickson: [jemessage1@yahoo.com](mailto:jemessage1@yahoo.com)

### Emergencies

Dial 9-1-1 for emergencies

St. Margaret's Health-Granville Clinic

309 S. McCoy, Granville 815-339-6245

St. Margaret's Hospital

Spring Valley 815-664-1464

ILYM Meetinghouse

815-882-2214

## Weekend Retreat Registration

Please register by April 20, 2018

**Registration and Fee:** The fee for the weekend is \$45 which covers food, use of the site, and expenses. After April 20, fee increases to \$55. Prepayment is not required to attend. *Preregistration is needed to plan our communal meals.*

Those unable to meet the cost are asked to assess what they can contribute. Young women of high school age are welcome at no cost, but no one is turned away due to lack of funds. We encourage all Quaker women to attend.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Meeting: \_\_\_\_\_

Lodging preference (meetinghouse, Clear Creek House, cabin): \_\_\_\_\_

Food Allergies/other accommodations needed:

\_\_\_\_\_ I can arrive early on Friday to help with setup

\_\_\_\_\_ I can stay on Sunday to help with closing.

Arriving (day/time): \_\_\_\_\_

Leaving (day/time): \_\_\_\_\_

This **registration form** can be filled out and emailed to Carol Bartles at **cabartles@gmail.com**

**Paper registration forms** can be mailed to **Carol Bartles, 6096 Nikonha Place, Burlington, IA 52601**

The **registration fee** can be sent by check (made out to Illinois Yearly Meeting) to the above address, paid electronically by credit cards or PayPal at [ilym.org/payfees](http://ilym.org/payfees), or paid by cash or check at the retreat.

**WE LOOK FORWARD TO SEEING YOU AT ILYM WOMEN'S WEEKEND RETREAT!**